

About us...

The Florence Nightingale Foundation

Providing inspiration and scholarships
in healthcare for the 21st century



The Foundation

The Florence Nightingale Foundation is governed by a Board of Trustees.

Patron:

HRH Princess Alexandra, The Hon Lady Ogilvy KG GCVO

President:

Baroness Emerton DBE DL

Chairman:

Bryan Sanderson CBE

Chief Executive:

Professor Elizabeth Robb

The Foundation promotes the special contribution of nursing to society and to the health of people.

It encourages international understanding and learning between nurses.

34 Grosvenor Gardens
First Floor Front
London SW1W 0DH

Telephone: +44 (0)20 7730 3030

Fax: +44 (0)20 7730 6262

Email: admin@florence-nightingale-foundation.org.uk

Website: www.florence-nightingale-foundation.org.uk

Charity Registration Number: 229229



Chairman's Foreword

The Florence Nightingale Foundation exists to support nurses and midwives with scholarships and mentoring and, perhaps, most importantly, to give them some of the recognition they so richly deserve. Times and attitudes have changed since “the lady with the lamp” battled with ignorance and prejudice to establish the profession; above all, science and technology have transformed medicine. Through all the changes since her life, the fundamental need for good patient care remains and the burden on the front line staff in contact with the patients is just as demanding and as critical as ever. As we live longer and seek quality of life in old age, society’s demand for caring and trained nurses increases.

Today’s nurses and midwives are showing every day that a caring attitude can be coupled with the ever widening set of skills and training needed to be effective in today’s hospitals. Too often the media encourages the public to believe that professional skills and a commitment to patients’



welfare are incompatible. They are not, and The Florence Nightingale Foundation sets out to equip the senior nurses and midwives of today with the confidence to represent their profession at the very top levels of our health system. As you can read in this brochure, it works.

Please help us to give this key group of clinical professionals the support and recognition they need to put patient care at the heart of health provision.

Bryan K Sanderson CBE
Chairman

Why Florence Nightingale still speaks to us in modern times



Florence Nightingale, probably the most famous nurse of all time, died 100 years ago in 1910.

At the Foundation set up in her name we celebrate her life and achievements but we also see her as the driving force behind our passion to improve healthcare for patients in the modern world.

So much of what she said and believed is very relevant in the 21st century, just as it was in the 19th when she worked with her team of nurses at Scutari Hospital during the Crimean War.

She reinvented nursing – and not before time. But she worked on a much bigger canvas, encompassing reform of the armed forces, public health, the environment, housing and health, world poverty.

She was adamant that nurses should be the servants of the art and science of medicine, surgery and hygiene, not just handmaidens to doctors. Her influence has, without question, given the nursing profession the credibility it has long needed, so that now nurses can advance in their education to degree and higher degree level, become Directors of Trusts and Chief Executives and, more importantly, work alongside senior doctors as equal partners in healthcare delivery.

Her first love was statistics and she was a founder member of the Royal Statistical Society. It is well known that she demonstrated the shocking fact that for every British soldier in the Crimea who died of his wounds, significantly

more died from infection. Have we learned the lessons from that even now? Hopefully so, now the MRSA and *C. Diff* infections are thankfully on the wane. Florence Nightingale saved literally thousands of lives in the British Army both abroad and at home by her work on good hygiene both in hospital and the barracks.

She said: “it may seem a strange principle to enunciate, as a first requirement in a hospital, that it should do the sick no harm.”

Not satisfied with her work at home she was responsible for studies in the colonies which showed a child mortality rate, measured in schools and hospitals, twice the England average. And she understood the vital importance of clean water and proper drainage to the third world, even though that term had not even been invented then.

So these principles underline the work of the Foundation in its

provision of Scholarships to senior nurses and healthcare workers. The Leadership Scholarship particularly requires scholars to demonstrate that the skills they developed led directly to improvements in patient care.

We believe the work and ideas of Florence Nightingale should continue to be remembered, celebrated and implemented in our time. As a Florence Nightingale Leadership Scholar myself I feel proud to be playing a part in this vital work.

Professor Elizabeth Robb
Chief Executive

The scholarships

The Foundation's scholarships are designed, along with every other activity undertaken, to enhance the special contribution of nursing and midwifery to society. They:

- promote innovation
- advance knowledge and skills, and
- encourage international learning and understanding.

Travel scholarships are available to qualified nurses and midwives. Each is funded to around £3000 - £4000 and the scholar undertakes to study an aspect of practice and/or education in the UK or overseas.

Research scholarships provide up to £5000 for a scholar to undertake a course in research methods, modules or dissertation as part of a degree course.

Children's and Young People's Leadership

Scholarships provide around £10,000 per scholar. They are offered to Children's and Young People's nurses who hold a First Degree and who show clear leadership potential.

The Burdett Partnership Leadership Scholarship is for senior and experienced nurses, midwives, health care deans and heads of allied health professions. They will show top leadership potential and have a personal development plan and clear goals for their scholarship. Up to £15,000 is available for international leadership study and includes mentorship. The scholar's employer must support them with time off and a 10 per cent contribution.

What the scholars say



The scholarship was a brilliant enabler that allowed me to learn, think and reflect. There is no way that this could have happened in my

day-to-day work in the NHS.

Peter Blythin.

The scholarship has given me both time and opportunities to do things I could not have otherwise done. It's changed my perspective, and filled my gaps in knowledge. I now have a very different view of the world. These experiences have opened my eyes to new ideas and approaches to develop quality monitoring for local services. Our board has also approved quality and innovation frameworks and these are being rolled out across the organisation.

Amanda Sullivan.



The Florence Nightingale Scholarship does open doors for you, and gets you into places where you wouldn't think of

going. You become confident to walk through a door that you wouldn't have walked through otherwise.

Jill Galvani.



My overall aim was to increase patient and public confidence in their local hospital. The key objectives were to better understand the relationship between

nursing leadership and reputation management and secondly to provide a proactive, agile and practical framework for executive nurses. I had lots of ideas that I couldn't make sense of. The award helped me to make sense of them, and to put those ideas into practice in my organisation. I have a real sense now of what I can do.

Francesca Thompson.

Being a Florence Nightingale Leadership Scholar was a fantastic opportunity. I would highly recommend it. It has affected my

behaviour as a leader, especially how I react to others. I am more confident in my role and in my style of leadership-

Caroline Alexander.



It made me think outside the box and see a world that is larger than the NHS. It inspired confidence, and broadened my horizons.

Katherine Fenton.

The Commemoration Service and Students' Day

A Commemoration Service to celebrate the life and work of Florence Nightingale is held each year in Westminster Abbey.

2010 marked the centenary year of the death of Florence Nightingale. As part of a very special year, **The Most Reverend Archbishop Desmond Tutu** gave the Address at the Service on May 12.

And, in a unique honour, the previously named Nurses' Chapel was rededicated to Florence Nightingale.

During the Service the Procession of the Lamp takes place. The Lamp is carried by a Scholar of the Foundation and escorted by student nurses.

Students' Day

This is an annual event – one of the most popular in our calendar – in which students from each University in the UK that has a School of Nursing and Midwifery is invited to spend the day with the Foundation in London.

The main venue for the day is The Governors' Hall at St Thomas' Hospital; the events are split into three separate segments:

- 1 Morning plenary discussion session in which students are invited to raise questions or concerns to a panel of senior nurses.
- 2 The afternoon is spent at the Florence Nightingale Museum and includes a full tour of the Museum together with a history of the life and times of Miss Nightingale, and her continuing influence on nursing today.
- 3 Finally, a visit to the Florence Nightingale Chapel in Westminster Abbey and attendance at the Annual Florence Nightingale Commemoration Service.

The Centenary

Our photographs show the events at the Centenary Commemoration Service at Westminster Abbey on 12 May 2010. They include the progress of the Lamp (a replica of the original) to the altar where the Roll of Honour, showing the nurses who died in the Second World War, is displayed. Other pictures show the Escort Party, Archbishop Desmond Tutu, the main Service and the reception where the Foundation's Chairman, Bryan Sanderson,

presented the first edition of the National Mint £2 gold coin commemorating Florence Nightingale to Archbishop Tutu (left).





Donations, legacies or sponsorships make a great difference to the achievements of the Foundation's aims and objectives.

...find out more

If you feel able to assist in the valuable work of the Foundation you may like to visit our website:
www.florence-nightingale-foundation.org.uk

If you would like to know more about the Foundation's work please contact Elizabeth Robb

Tel: + 44 (0)20 7730 3030

Email: admin@florence-nightingale-foundation.org.uk



The Florence Nightingale Foundation

34 Grosvenor Gardens
First Floor Front
London SW1W 0DH

Telephone: + 44 (0) 20-7730 3030

Fax: +44 (0)20 7730 6262

Email: admin@florence-nightingale-foundation.org.uk

Website: www.florence-nightingale-foundation.org.uk



Charity Registration Number: 229229